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laugh,
live



I'm Maggie West, your National Podcast presenter.

Each month, in just 30 minutes, we share fascinating stories and learning experiences from across the country.

From life as an executive airline pilot, to being a maid at Buckingham Palace, to quantum physics made simple, and even the mysteries of the ancient archaeological site Göbekli Tepe in Turkey – **we cover it all.**

If you have a story or passion to share, we'd love to feature you.

Get in touch at communications@u3a.org.uk

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